

Barracuda

Women's Defense Course



4 Week Course

This course is designed to empower women with the tools they need to survive most any attack! You will learn the techniques and gain hands on experience for various real life situations. This is one of the most effective systems in the world for women to defend themselves.

Course Information

Location: PKSA Karate
25290 Marguerite Pkwy, Ste A, Mission Viejo
(between Round Table and Steinmart)
Date: Mondays, 6/20, 6/27, 7/11, 7/18
Time: 7:45 - 8:30 p.m.
Cost: \$59
Call To Register!

PKSA Karate 949-454-9476
www.pksamissionviejo.com

Don't be afraid ever again !